

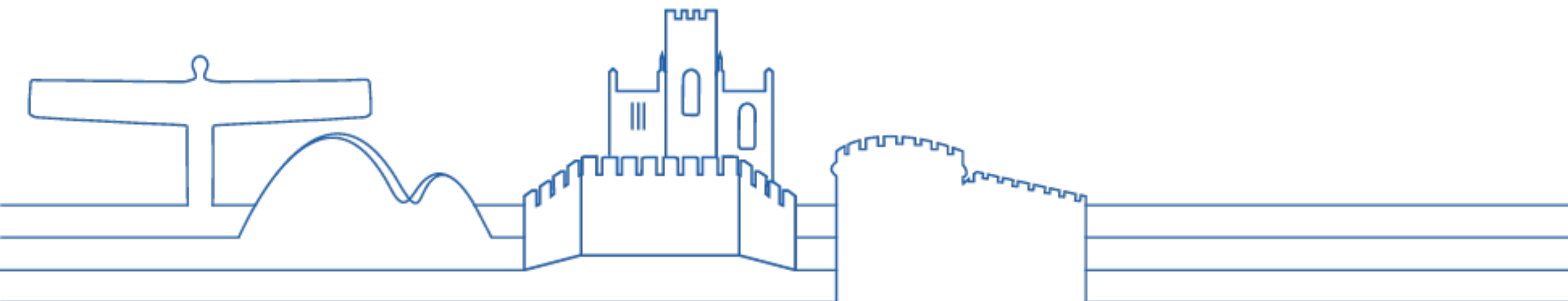


**North East and
North Cumbria**

Children & Young People's Mental Health Long Term Transformation Plan for 2023-24

Health and Wellbeing Board – Friday 6th September 2024

**Angela Kumar – Head of Strategic Commissioning
Newcastle/Gateshead LDT**



1.1 - To transform the model for CYP MH and Emotional Wellbeing Support across Gateshead which includes:

- Improved access and timely support
- Implementation of best practice at key transition points in a young person's life.
- Improved Alternative to Crisis & Crisis offer

What we've delivered

- Undertaken a full review and evaluation of the SPA for Getting Help and Getting More Help Services
- Ensure a holistic approach to support where a person has co-existing physical health conditions (asthma, epilepsy, obesity, deafness) for CYP
- Ensure physical health pathways are inclusive for children and young people with a learning disability
- Develop a multi-agency plan for Family Hubs and Best Start for Life (3-year programme) which includes a mental health and emotional wellbeing offer for CYP and families.
- Demonstrate improvements to eating disorder services to promote early intervention and avoidable hospital admissions and how funding is spent to meet the needs of Gateshead children and young people
- Increasing access to specialist community Peri-natal MH (PMH) services and extending community services from preconception to 24 months after birth
- Improved access for young women from groups who are currently under-represented in services

What's still to do

- Join up the SPA with other system provision to improve the support to CYP & families
- Developing a CYP crisis offer
- Implement best practice regarding transition from children's mental health services to adult mental health services within the new service model
- Improve waiting times for CYP being referred for ADHD assessment
- Have a clear Universal offer for all children of school age.

2.1 - To further develop the Mental Health Teams in schools service model and improve partnership working and whole system service development.

What we've delivered –

- Integrate the MHST Offer alongside the wider system offer
- Provide training to all identified Senior MH leads in schools

What's still to do –

- Develop a robust system offer of support in and around the school which sees MHST as part of that offer

3.1 – To improve access to CYP IAPT Programme

What we've delivered –

- Develop an early intervention mental health offer of support, particularly targeted at children & young people who do not qualify for secondary care intervention

Whats still to do and build on

- Proactive offer to support cohorts and community of CYP e.g knife crime, ASB, ADHD – to create a positive emotional approach.

4.1 – Youth Justice Service

What we've delivered –

- Work with partners to implement recommendations of Youth Justice Inspection 2023 to ensure quick access to mental health and speech and language services

What still needs to be done.

- Embed a wider support offer, not always a clinical intervention – alternative community programmes which may include Arts, Music and Support.

5.1 - To embed Trauma Informed care across Gateshead through the design, launch and evaluation of a pilot service for 5-25yrs

- What we've delivered –

Procurement of a Trauma Informed Care Service of which 18 months of data collection will follow which is linked to the vanguard, then evaluate the model and see if it is right for Gateshead.

What still needs to be done

- The system will need to secure funding.